3RIDES GRAVEL WINTERBERG
REGULATIONS

The regulations of 3RIDES form the basis for the races (Races), rides (excursions without timekeeping) and other offers from 3RIDES. The regulations are based on the provisions of the Bund Deutscher Radfahrer e.V. (BDR/ German Cycling) and the Union Cycliste Internationale (UCI) and in particular the regulations for the UCI Gravel World Series.

3RIDES Gravel Winterberg
The 3RIDES Gravel Winterberg event from July 17 to 19, 2026, is a three-day gravel stage race with three stages, whereby both individual or all three races can be ridden. There is a general classification for participation in all three stages. The third race is also part of the UCI Gravel World Series and a qualification race for the Gravel World Championships and Gravel European Championships 2026. All races have their start and finish in Winterberg.

Participation Requirements
Eligible to participate in 3RIDES are persons who have completed their 18th year of age, as well as persons of younger age groups, provided there are corresponding offers for them according to the event announcement and the consent of the legal guardian is present. Participation in 3RIDES Gravel Winterberg is at one's own risk, responsibility and insurance. By registering, participants confirm that they are healthy and physically able to safely manage the chosen route. With their registration, they are aware of the requirements placed by a race, ride or other offer from 3RIDES. At 3RIDES, wearing a helmet is mandatory without exception. Participation is only permitted with a technically flawless bicycle.

Registration and Participation
Participation is only possible after prior registration. This can be done online or on site. The distribution of starting documents takes place exclusively on site and only upon presentation of an official photo ID or license. A collection of starting documents by third parties is only possible with a copy of the corresponding ID and a written power of attorney. Participants are obliged to convince themselves of the accuracy of their data when collecting the participant documents and to report errors. Along with the starting documents, participants receive a start number and, for the races, a timekeeping transponder. The start number must be worn during the race in its unaltered form and clearly visible on the back. The timekeeping transponder must be installed on the bicycle according to the specifications and must also remain mounted throughout the entire race. Participation without a start number and/or transponder leads to disqualification.

Route
The routes of the 3RIDES Gravel Winterberg races are secured. Depending on the stage and age group, one, two or three laps are ridden. Participants are solely responsible for counting their laps. A cut-off time can be defined for reaching individual checkpoints or the finish.

Classifications & Age Groups
For 3RIDES Gravel Winterberg, there is a general classification for Elite Men and Elite Women respectively, as well as an age group classification. Participants who define themselves as diverse or non-binary will be scored with the men. For participants who are registered for all races and cross the finish line in all three races, there is an additional general classification.

Individual Stages and General Classification
Elite m/w
Master I (AG 19-39 m/w)
Master II (AG 40-59
m / AG 40-49 w)
Master III (AG 60+ m/ 50+ w)

In addition to the individual classification for the stage race, the third stage also includes the individual classification for the UCI Gravel World Series
Elite Men
Elite Women
19-34 m/w
35-39 m/w
40-44 m/w
45-49 m/w
50-54 m/w
55-59 m/w
60-64 m/w
65-69 m/w
70-74 m/w
75-79 m/w
80-84 m/w

Prize Money & Prizes
Prize money is awarded to the Elite female and male winners of the general classification from all three races.
1st Place: 2,000 Euros
2nd Place: 1,500 Euros
3rd Place: 1,000 Euros
For the winners of the age groups of the general classification, there are non-cash prizes from our partners DMT, Giro and Bliz.

Qualification for the Gravel World Championships & Gravel European Championships
The third stage of 3RIDES Gravel Winterberg, the race on Sunday, July 19, is as part of the UCI Gravel World Series a qualification race for the Gravel World Championships and Gravel European Championships. The best 25 percent of finishers of each age group qualify for the Gravel World Championships and Gravel European Championships.

Grid, Start Procedure and Timekeeping
The grid line-up for the stages of 3RIDES Gravel Winterberg is based on age groups, the start takes place in blocks. The general classification from the stage race has no influence on the start block assignment. The timekeeping is carried out with «Guntime» from the starting shot for the respective start block. Timekeeping takes place via a transponder. The organizer reserves the right to remove individual sections from the timekeeping (neutralization). A corresponding procedure will be communicated in advance.

Participants of the prologue start according to age groups, but individually and with a 60-second interval. Depending on the number of registered participants, a shortening of the start interval is possible.

Start Times (Subject to changes)
Races

Friday, 17 July 2026	Stage 1	12 PM *
Saturday, 18 July 2026	Stage 2	09.30 AM **
Sunday, 19 July 2026	Stage 3	12 PM **

*Starts within the age groups with a 60-second interval.
**Everyone starts according to the mass start principle in start blocks.

Rides

Saturday, 18 July 2026	200 km	07.00 – 08.00 AM*
	150 km	08.00 – 09.00 AM*
	100 km	09.00 – 10.00 AM*

*Start is at the inflatable 3RIDES start arch at the entrance to the Expo

General Classification
The general classification is created by adding the riding times from the individual stages and taking any penalty times into account. The participant with the lowest riding time leads in the general classification or becomes the winner. In the event of a tie, the lower sum of stage placements after three races decides.

Gravel Stage Race Special Classification
Campagnolo Age Group Mountain Classification
- Saturday, 18 July 2027, Stage 2
- 1st lap: 32.8–33.7 km
- The fastest man and the fastest woman across all age groups will be ranked
- Prize: Campagnolo Record groupset / Fulcrum Carbon Gravel wheelset
- Requirement: Participants must reach the finish line of the race

3RIDES GMBH
Ein Tochterunternehmen der
BVA Bikemedia GmbH.

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Geschäftsführer
Björn Müller • NIco Martin

Registergericht: Bielefeld
Registernummer: HRB44683
Umsatzsteuer ID-Nr.: DE349936682

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Feeding Zones Races

Friday, 17 July 2026	Stage 1	no catering
Saturday, 18 July 2026	Stage 2	0,5 km, gravel path (Support crew/3RIDES) 22.6 km, Rothaarsteig, starting after the bike path (guide)* 31.5 km, Astenturm parking lot at Kahlen Asten (guide)
Sunday, 19 July 2026	Stage 3	0,5 km, gravel path (Support crew/3RIDES) 22.3 km, Rothaarsteig, starting after the bike path (guide)* 37.9 km, Astenturm parking lot at Kahlen Asten (guide)

*Parking lot Helleplatz, from there use the forest path to the race track Important: accepting food or drinks at other places on the race track means disqualification and exclusion from the race (see ASF rules)

Feeding Zones Rides

Saturday, 18 July 2026	200 km	Feeding 1: 61.6 km (Neukirchen) Feeding 2: 121.0 km (Bruchhausen) Feeding 3: 168.6 km (Holthausen)
	150 km	Feeding 1: 32,7 km (Neukirchen) Feeding 2: 70,4 km (Bruchhausen) Feeding 3: 118,0 (Holthausen)
	100 km	Feeding 1: 32,7 km (Neukirchen) Feeding 2: 70,4 km (Bruchhausen)

Rules ASF (African Swine Fever)

ASF is a viral disease that is harmless to humans, but can take a fatal course for wild and domestic pigs. Due to ASF, organizers, participants and visitors must adhere to the following rules of the veterinary office:

- Entering the forest, especially off the regular forest paths, is not permitted.
- Feeding/refreshments may only take place in the zones specified by the organizer, otherwise disqualification of the participant threatens.
- All participants must disinfect their bicycle after the race in the Bike Wash Area with the means provided by the organizer.

Bicycles and Equipment

Participation in 3RIDES Gravel Winterberg is permitted with either a gravel bike, MTB or road bikes. Participants are responsible for the roadworthiness of their bike. This applies in particular to the function of the brakes and other safety-relevant components. The organizer reserves the right to carry out checks at any time and also at the finish line of the races. Participants whose bicycle is obviously not roadworthy can be taken out of the race and also be disqualified retroactively. There is no gear restriction. Expressly not permitted are E-bikes of all kinds, time trial and triathlon bikes, time trial and triathlon handlebars of all kinds as well as disc wheels. Also prohibited

are drinking bottles made of glass or other fragile or hard materials as well as panniers and other extra loads.

Instructions of the Staff
Participants must follow instructions of the organizer as well as the staff commissioned by him and marked accordingly and the authorities. In the event of non-compliance and actions that disrupt the proper course of the event or could endanger the safety of other participants, visitors or third parties, the organizer is entitled to exclude participants from further participation in the event, to impose a time penalty or to disqualify them.

Disqualification and Penalties
In the event of unsporting conduct or other behavior endangering participants, the participant can be penalized with a time penalty, disqualified and excluded from further participation in 3RIDES. The organizers reserve the right to take participants out of the classification who do not reach a checkpoint by the corresponding closing time or obviously can no longer reach it within the time frame. Participants are aware that they will be disqualified if they leave the official route, take shortcuts or use vehicles or technical aids during the competition. Support vehicles are not permitted on the route of 3RIDES Gravel Winterberg. Accompanying participants by car or other vehicles leads to the disqualification of the participant. The disposal of waste of any kind on and off the track with the exception of the designated points in the area of the feeding stations is prohibited and leads to disqualification.

As of: July 15, 2026, 10 AM

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